

Free from Worry

Matthew 6:25-34

Because God is our _____,
we can be free from worry.

1. _____ our _____

2. _____ our _____

3. _____ in His _____

4. _____ in the _____

For Further Reflection and Discussion

Opener: How would you describe your week in terms of a car (sports car, clunker, SUV, etc.)?

How did God speak to you or work in you at church this Sunday?

Read Matthew 6:25-34. What instructions does Jesus give here? What imperatives does He use?

What are some ways that anxiety about what we have or need shows up in people's lives?

- What symptoms of this have you observed in other people's lives?
- What has this looked like in your life?

According to these verses, what our priorities should be?

- How does knowing that God is our Provider help us keep these right priorities?

What does worrying accomplish?

- Given this, why does anyone worry?

What reasons for trusting that God will provide are given in these verses?

- What other reasons would you add (from elsewhere in Scripture or your own experience)?

What are some ways God has provided for you in different seasons of your life?

- Have there been times when it has been easier or harder to rejoice in His faithfulness? Why was that?

What's one thing you want to do differently or better this week in light of this passage? How will you do that?

How can we pray for each other?